

## Things to expect before and after Macular Translocation Surgery:

### Before your surgery:

1. You will return to DUMC Eye Center at least one more time before your eye surgery for Pre-op.
2. You will receive a prescription for Prednisone to **start taking 1 day** before your surgery to reduce swelling.
3. Take the first dose at noon the **DAY BEFORE** your surgery. Take the second dose the **afternoon** of your surgery, then follow the directions on your Prednisone prescription bottle for the rest of the week. (You will be tapering off the Prednisone each day).
4. Call **1-877-385-3393** after 3pm the day before your surgery to find out what time to arrive the next morning.
5. You will be told in detail how to position your head after surgery, and all questions will be answered.
5. **Please notify us if we have not specifically discussed stopping aspirin (blood thinner products), Celebrex, or Vioxx before surgery.**

### The day of surgery:

1. The operating room is located on the 3<sup>rd</sup> floor of DUMC Eye Center. For each surgery, be prepared to spend most of the day at DUMC Eye Center the day of your surgery. Even though the surgery only lasts 2 to 2 ½ hours, you will spend time in recovery. We want to make sure that you are fine to travel back to your hotel.
2. After your surgery, the doctor will come to the waiting room to speak with your family and let them know how you are doing.
3. You will return to your hotel room with a bag of eye drops, bring them to your appointment the next morning. You will be told how to use them at that time.
4. When you get back to your hotel after your surgery, you will begin your positioning that day.

### After 1<sup>st</sup> surgery:

1. You will be seen at DUMC Eye Center the day after your surgery. At that time, your patch will be removed and you will be told how to use your eye drops.
2. After your first surgery, there will be 10 days of positioning. We encourage activity during the hours that you are not positioning.
3. You will be seen 1 week after your first surgery.
4. You will receive an appointment to meet the muscle surgeon for the second surgery.

5. Your retina doctor and the muscle surgeon do NOT see patients on the same day. At the time of your follow-up appointments, it will be necessary to coordinate back-to-back appointment days. If you travel a great distance, it will be necessary to stay overnight to see both doctors. Our office and the muscle surgeon's office will help you coordinate your visits.
6. You will have double or tilted vision until your second surgery. Your second surgery will correct most of the double or tilted vision.
7. One week after your surgery, you will be dispensed a strong pair of reading glasses as well as special reading sheets to help you being to work on reading. The cost of the reading glasses is \$25.00. It will be difficult to read at first because of the fact that you have silicone oil in your eye as well as the fact that you are still dilated. Don't get discouraged, that is to be expected.
8. About 3 months after your macular translocation surgery (the 1<sup>st</sup> surgery), you should be ready for your first pair of new prescription glasses. It takes that long for your eye to completely heal and become stable.

### **Second Surgery:**

1. You will have to have a second pre-op appointment for the second surgery.
2. During the second surgery, first the muscle surgeon will perform his or her procedure. Then, the retina surgeon will remove the silicone oil from your eye.
3. The second surgery will not require any special positioning.
4. You will be seen at DUMC Eye Center the day after your surgery for removal of your patch and an eye exam.
5. You will be seen about 5 times the first year after your surgery. Some of these visits may be coordinated with your local eye doctor.

IN ADDITION: Some patients are referred for a low vision consultation after surgery. This is different for the post-operative care and is provided by a low vision specialist. Low vision services are also sometimes provided in your local area or may even be provided by local services for the blind in your state. **Medicare does NOT presently cover low vision services. The fee for a Low vision evaluation at the DUMC Eye Center is \$100.00.**